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## HOLIDAY HACK

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How to write that winning college essay. 26

Art exhibit features post-election Post-its. 4

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# 'IT'S RIDICULOUS'



Trump dismisses reports that intelligence agencies concluded Russia helped him in the election. 18

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1. What is a Brooklyn artist offering to coffee lovers?
2. The Jets overcame how big a deficit after the half Sunday?
3. What HBO show is "Office Christmas Party" star T.J. Miller currently on?

## 3 things you need to know

### GERMAN LEFT-LEANING PARTIES MEET TO EXPLORE COALITION OPTION

German lawmakers from the center-left Social Democrats and two smaller parties met on Sunday to explore the possibility of forming a coalition government to replace Chancellor Angela Merkel next year. The SPD, environmentalist Greens and leftist Linke party already have more seats in parliament than Merkel's conservative bloc but divisions at federal level - especially on foreign policy - have prevented them from forming a national government. Merkel currently leads a right-left coalition of her conservatives - the Christian Democrats (CDU) and their Bavarian CSU allies - and the smaller SPD. Merkel, whose popularity slumped after Germany let in 890,000 migrants last year, will seek a fourth term in office in a national election due in autumn 2017. **REUTERS**



### ABOUT 40 CARS IN PILEUP ON SNOWY HIGHWAY NEAR DETROIT

A pileup involving about 40 cars in snowy conditions forced the temporary closure of part of Interstate 75 northwest of Detroit on Saturday and several motorists were injured, a spokesman for state police said. Michigan State Police posted photographs on Twitter of cars with damage to their bumpers and several vehicles with their trunks popped open, apparently after colliding with each other. No one was killed in the collision less than 40 miles northwest of Detroit, but some people were transported to area hospitals with injuries that were not life-threatening, according to the tweets from the Metro Detroit section of Michigan State Police. **REUTERS**

### N. KOREA'S KIM GUIDES SPECIAL OPERATIONS DRILL TARGETING SOUTH

North Korean leader Kim Jong Un guided a special operations drill targeting the South, the North's media reported on Sunday, as rival South Korea remained on alert for any attempt by the North to take advantage of political turmoil in the South. The North's KCNA state news agency report did not say when North Korean forces conducted the combat exercise, nor did it mention the South Korean parliament's vote on Friday to impeach its president, Park Geun-hye. Pictures in a Sunday report on the exercise in the North's Rodong Sinmun newspaper showed what appeared to be a mock-up of South Korea's presidential Blue House as a target. Park will remain in the Blue House, though her powers have been suspended and assumed by the South's prime minister while the Constitutional Court weighs parliament's impeachment vote. **REUTERS**

For more local news, visit [metro.us](http://metro.us)

METRO.US

MONDAY, DECEMBER 12, 2016



GETTY IMAGES

## WINTRY WEEK AHEAD

#### Bolaris' Weather Watch



**JOHN BOLARIS**  
@weathersavior

Old Person Winter (politically incorrect to say Old Man Winter) was jabbing away last night with some areas along the interior sections of the northeast corridor picking up a few slushy inches of snow.

The snow line last night basically extended across Pennsylvania's Lehigh Valley, through northwest New Jersey on into the Lower Hudson Valley and central Connecticut and cutting through the hills north

and west of Boston. Expect Boston to pick up some snow before changing to rain this morning.

The storm system responsible for the wintry mix of snow and rain will be moving away today as skies across the Northeast will clear during the afternoon hours.

We catch a nice break for the midweek as temperatures will hang mainly in the 40s.

However, hang on to your ski beanie, as the most frigid outbreak since last mid-February will invade the entire region on Thursday and Friday. You will be walking with an extra skip in your step as your eyes tear and your teeth chat-

ter. The mercury will hover in the mid-to-upper 20s. Combined with the wind chill factor, the temperature will feel more like the single digits by day and below zero at night.

#### The weekend

The arctic air mass will begin to change. At the same time, a milder flow aloft, combined with a possible storm system, could mean a wintry bout of snow, sleet and freezing rain before changing to rain. Mixed signals on just how significant, and timing on the event. Right now, I would lean toward saying a wintry mix is more likely on Saturday, but I'm sure your local TV

#### New York

**Today:** Rain ending by mid-late afternoon, 50.

**Tuesday:** Mostly sunny, 45.

**Wednesday:** Partly cloudy, 42.

**Thursday:** Arctic blast, windy, 27.

**Friday:** Arctic blast, windy, 25.

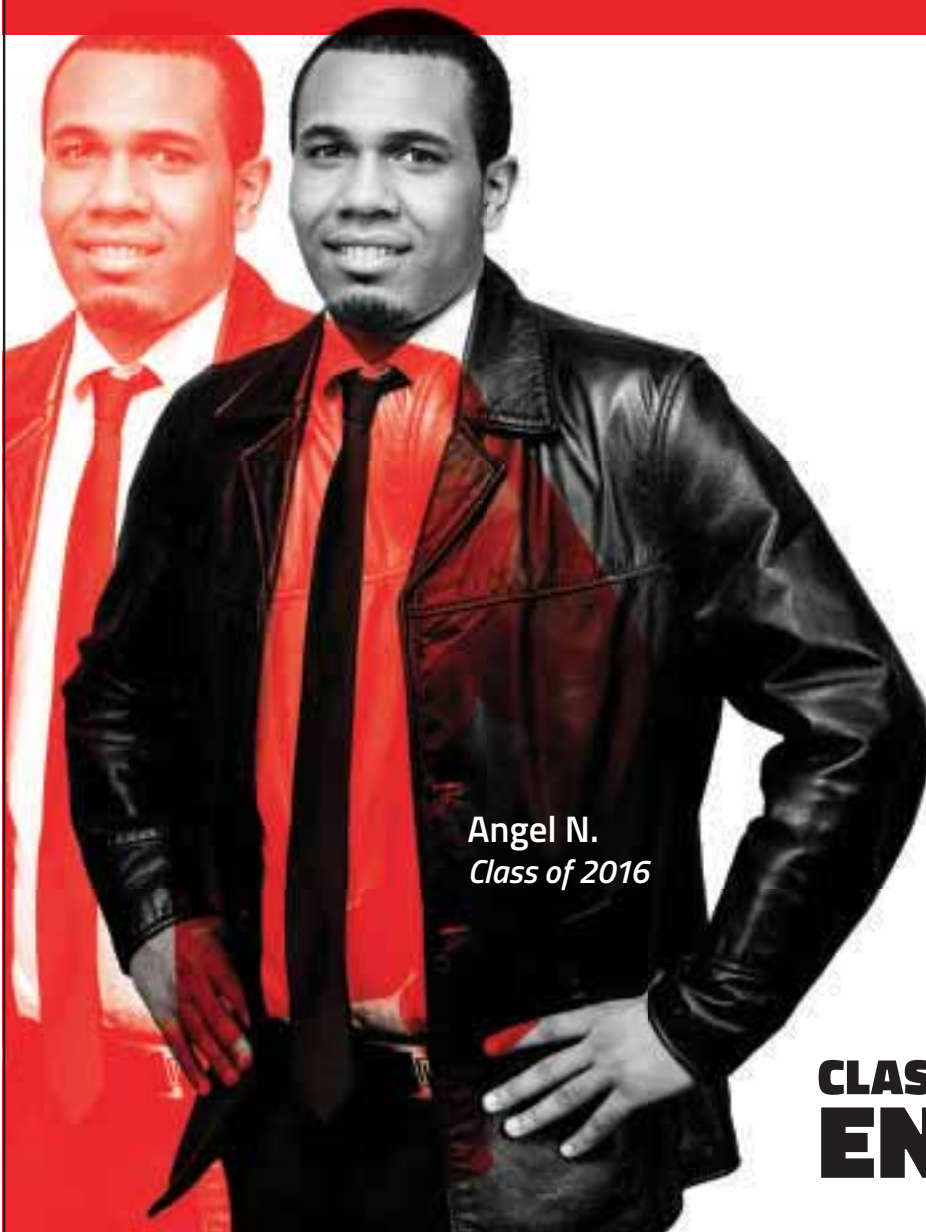
**Saturday:** Wintry mix to rain, 34.

**Sunday:** Morning rain, 39.

meteorologist will keep you updated — after numerous teases.

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## 'Write Now' exhibit at Westbeth makes the Post-it note fad highbrow

A new interactive art installation looks like a rip-off on the subway Post-it note phenomenon, but it's actually honoring it.



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WESTBETH

A West Village exhibit is taking a page from the fluttering layers of post-it notes scrawled with messages of hope and frustration that have cropped up in underground passageways around the city since the election.

The "Write Now" exhibit is adopting the zeitgeist — this apparent need among New Yorkers to both purposefully express their feelings and strengthen a sense of community — and is taking it a step further. It's recognizing the Post-it note trend as a very organic form of public art.

"The one we have here is different because we ask for very poignant questions that help lead people through this feeling of what are we going to do? What now?" George Cominske, president of the Westbeth Artists Residents Council, told Metro.

The exhibit at West-

beth (New York's oldest artist-only housing complex and where many famous New York artists have lived), which opened on Saturday and continues until Dec. 31, consists of four rooms. In each one visitors are asked to respond to specific questions. In room one, posts are related to the question "What do you want the world to take into 2017?" The next room poses the question: "What do you want the world to leave behind in 2016?"

The next two rooms are similar questions on a personal level: "What do you want to leave behind in 2016?" and "What do you want to take with you into 2017?"

"You see people actually become very pensive. Rather than just say, I'm nervous or I'm upset, this pinpoints exactly what

the feeling is and tries to address the thing bothering you," Cominske said.

The originator of the subway post-it note concept, and the notion of "subway therapy," Matthew Levee Chavez, was present at the exhibit's opening night, providing his therapeutic conversation at a small table with chairs as he does on the train platform.

The project took some unexpected turns on its opening night; many made drawings, while others started to create a collage with the colorful papers. Many people came with children, Cominske noted, and the kids' thoughts remained only a quarter of the way up the wall, while the parents' feelings floated higher.

*An expanded version can be seen at [metro.us](http://metro.us)*

### BRIEF

#### SantaCon protestors squashed

A group of New Yorkers made an attempt to deter drunken hordes of red-suited Santas from flooding the city Saturday, but ended up on the naughty list.

Protesters gathered near the Flatiron Building around 11 a.m. Saturday as about 1,000 Santas assembled for the kickoff of their 50-stop bar crawl.

Two protesters, one of whom was also wearing an iconic red cap printed with the words "Make America Great Again" were ticketed for using megaphones without a permit, the New York Post reported.

"I saw a sex act in Aisle 4 of Duane Reade!" one yelled as Santas booted. "You guys are doing a bad thing, and it makes everyone sad."

Leading up to the event, the activists had hung posters of a "planned change" around the East Village and Williamsburg, claiming

the convention had been canceled.

"New York City residents have petitioned to cancel SantaCon 2016 due to the types of people it attracts. This petition received overwhelming support. As a result, SantaCon 2016 and all future SantaCon celebrations have been canceled within New York city limits. Residents of New York City thank you for your cooperation," the flier said.

The poster made special note of the kind of ills SantaCon introduces to the community, such as rowdy parties puking on city sidewalks.

A member of the New York City Residents (NYCR) that took responsibility for the posters told Gothamist that the intention was to unite politically disillusioned New Yorkers in the hatred of SantaCon:

"Our country feels so divided right now that we are all searching for things that unify us. The one

thing that I have found that we all have in common is our disdain for SantaCon. Over the past few years myself and others have witnessed several horrible acts including but not limited to; sex acts in Aisle 4 of the Duane Reade on 14th and 3rd, countless fist fights, and excessive vomiting."

"We have reached out to organizers and asked them to cancel but have not heard back. We hope they will come to their senses. We hope the organizers hear us loud and clear and are aware that we will be out in force tomorrow to stop SantaCon if they don't cancel," the source said.

Santas from around the country argued that it was their right to get wasted.

"We're just trying to get s—faced," Josh Bryce, 28, who came from Baltimore for the event, told the Post. "We're just hoping to have a good night."

AMANDA MIKELBERG

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# Former Red Sox pitcher dons new uniform: Port Authority Police

Anthony Varvaro also played for the Mariners and Braves.

NIKKI M. MASCALI  
@MetroNewYork  
nikki.mascali@metro.us

A former Boston Red Sox pitcher who hails from Staten Island has a new uniform and a new career.

Anthony Varvaro, 32, who spent five seasons with three teams before being sidelined by an injury in 2015, on Friday became one of 80 cadets to be graduated from the Port Authority Police Academy.

The career change doesn't come completely out of left field.

Before he played for the Seattle Mariners, Atlanta Braves and the Boston Red Sox, Varvaro



Anthony Varvaro, in his days with the Boston Red Sox. [MLB.COM](http://mlb.com)

had earned a bachelor's degree in criminal justice from St. John's University in Queens. He had a career 3.23 earned run average and recorded 150 strikeouts in 183

innings.

"I kind of felt like my body was breaking down a bit. I felt like my career may have been coming to an end," he told the school newspaper on

Dec. 2. "I probably could have played a little longer, but that's when an opportunity with the Port Authority Police Department arrived."

A ceremony for the

graduates was held Friday morning in Elizabeth, New Jersey.

Port Authority police officers patrol the city's airports, bridges, tunnels and transit systems.

## BRIEF

### Brooklyn soccer match ends in fatal stabbing

A late-night soccer match in Brooklyn turned cutthroat after midnight Sunday, resulting in one death and one man critically injured, police said.

Shortly after the game ended, police were called to the scene at Beginning with Children Charter School 2 in Williamsburg where they found Delvin Martinez, 31, stabbed to death in the neck and torso, the New York Daily News reported.

Martinez's 29-year-old brother, whom police have not named, was also stabbed in the neck, body and body and discovered in critical condition near the Williamsburg Armory.

The victims were taken to Woodhull Hospital where Martinez was pronounced dead and the brother continues to be treated for his life-threatening wounds.

Police said the brothers had been playing soccer but are uncertain why they were attacked. No arrests have been made.

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Assistant City Solicitor Duncan Lloyd, seen at left in his LinkedIn profile picture, was caught on camera participating in the tagging of a Chestnut Hill grocery store with the message "F— Trump." PROVIDED

## Philadelphia attorney linked to anti-Trump vandalism keeps job

Duncan Lloyd, 32, won't face charges for his involvement in the spray-painting of an obscenity on a wall.



ALEXIS SACHDEV  
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Duncan Lloyd, a Philadelphia city attorney who sipped wine as his friend spray-painted a message against President-elect Donald Trump, will not face charges and is keeping his job, authorities said.

Lloyd, an assistant city solicitor, was captured on surveillance footage on Nov. 25 with a friend, who wrote "F— Trump" on the wall of a Chestnut Hill Fresh Market grocery store. The friend who spray-painted the message has not been identified. Lloyd, 32, didn't spray-paint anything, but was

seen holding his phone up, as though he was taking photos or recording video.

Philadelphia police have estimated the damage to be between \$3,000 and \$10,000.

First Deputy City Solicitor of the Philadelphia Law Department Craig Straw told the Philadelphia Inquirer Saturday that Lloyd will not face charges, but must complete 40 hours of community service with the city's Community Life Improvement Program's Graffiti Abatement Team. Lloyd has been on an unpaid leave since the incident.

"Even though Mr. Lloyd's actions did not amount to criminal conduct, the Law Department feels that his actions were inappropriate and warrant additional disciplinary action beyond the suspension without pay," Straw said in a statement.

But the city's Republican Party disagrees. Joe

DeFelice, chairman of the Philadelphia GOP, told NBC10 he thinks Lloyd should be fired.

"For somebody with extensive legal training to feel entitled to vandalize a newly opened supermarket strikes us at the Philadelphia Republican Party as an astonishing feat of idiocy," DeFelice told the news station. "Did the extra glass of Shiraz give him some sort of delusional confidence that there are no cameras on Germantown Ave.? The taxpayers should be entrusting exactly none of our faith into this man. He should be fired from our city's law department immediately."

In a previous statement, DeFelice called the incident "the most bourgeois sight imaginable," calling out Lloyd's prep-school outfit — a navy blazer and chinos — during the vandalism.

Lloyd turned himself in to police and has been cooperating with authorities.

### BRIEF

**Midwest snow storm grounds hundreds of Chicago flights**  
Hundreds of flights into and out of Chicago's O'Hare and Midway airports were canceled on Sunday as a winter storm system dumped moderate to heavy snow on the Upper Midwest and Lower Great Lakes regions before heading toward the U.S. Northeast.

A winter storm warning was in effect in the Chicago area on Sunday afternoon, with total accumulations of up to 10 inches expected by midnight CST, the National Weather Service said.

It warned of difficult driving conditions in and around the country's third-biggest metropolitan area, where snow began falling on Saturday afternoon.

As much as 13 inches of snow fell in parts of Michigan and up to 9 inches in parts of Minnesota by 8 a.m. CST on Sunday, according to the National Weather Service.

At O'Hare International Airport, United Air Lines and American Airlines have scratched most regional flights.

REUTERS



# NEWS FROM ABROAD

When Donald Trump won the election, who knew foreign affairs would so quickly become an issue? Alright, I guess everybody did. Accordingly, here are my three things to watch this week in politics.

## 1. THE CHINA SYNDROME

So far the Chinese have been relatively cool as the president-elect has played telephone tag with Taiwan and kicked sand at Beijing over trade and currency. But his assertion that the One China policy is not set in stone, and that China ought to be doing more to control North Korea can't go unnoticed forever. When will the sleeping dragon awaken? My suspicion is sooner rather than later and while Chinese leaders may keep their public statements muted a bit longer, I would not be surprised to hear some rumblings from afar before you can get halfway through your holiday shopping list.

## 2. RUSSIAN TO CONCLUSIONS

The uproar over what the Russians have — or have not — done in the way of hacking U.S. computers is getting hotter fast. While Team Trump shrugs off any suggestions that Vladimir Putin and his pals fiddled with the election, the U.S. intelligence community is increasingly confident that Russia meddled to try and tip the contest for Trump. A bipartisan group of senators are making noise about hearings. Like everything else in

## TOM FOREMAN

Opinion

CNN's Tom Foreman is the author of the book "My Year of Running Dangerously." @tomforemancnn



D.C. these days, how the evidence is seen depends a good bit on partisan viewpoints. But this is as clear as Red Square on a satellite photo: The issue is not going away and you can bet your babushkas it will roll right through the holidays and into the new year.

## 3. OH YEAH, THE DEMOCRATS

It's still not clear how the Democrats plan to organize their resistance to the Trump administration, but at least they seem to be pulling together a little in preparation for the fight. Don't look for any clear organizational power structure to emerge soon, but keep an eye on which big Dems show up the most in your headlines over the next three or four weeks — likely they'll remain in the forefront of the opposition when the presidential oath is taken in January.

## Wet snow in NYC

A New York City Department of Sanitation snow plow sits on standby at the corner of Broadway and Cedar Street as wet snow falls in the Financial District. A wintry mix of snow, sleet, rain made its way to the New York City area on Sunday evening.

PHOTO BY BILLY BECERRA, METRO



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## BRIEF

### Recode: Top tech executives to attend Trump summit on Wednesday

Top executives from Alphabet Inc, Apple Inc and Facebook Inc are among a small group of tech leaders invited to a summit to be held on Wednesday by U.S. President-elect Donald Trump, Recode reported, citing sources.

Executives from Microsoft Corp, Intel Corp and Oracle Corp. will also be among "a very heady group of less than a dozen, comprising most of the

key players in the sector" to attend the summit, Recode said.

Billionaire entrepreneur and Tesla Motors Inc CEO Elon Musk will also be in attendance, the Wall Street Journal reported, citing people familiar with the matter.

"I plan to tell the president-elect that we are with him and are here to help in any way we can," Oracle Chief Executive Officer Safra Catz told Reuters in an emailed statement.

REUTERS



# Pilot in deadly Texas balloon crash had drugs in system

The documents released by the National Transportation Safety Board showed that pilot Alfred "Skip" Nichols had Oxycodone in his system, along with medications for an array of conditions like attention deficit disorder and depression.



Site of a hot air balloon accident in Maxwell, Texas, on July 30, 2016. GETTY IMAGES

Administration's guidelines indicate that a pilot should not fly while using sedatives like Oxycodone, most antidepressants, or medications for ADD, the documents said.

In addition, records indicated that Nichols, "had a history of multiple alcohol and drug related traffic and non-traffic offenses, resulting in convictions and two subsequent periods of incarceration."

The balloon hit a power line on July 30 and plummeted in flames into a pas-

ture near Lockhart, about 30 miles south of Austin.

The accident killed all 16 people on board, making it the deadliest crash ever involving a hot air balloon in the Western Hemisphere, according to the Balloon Federation of North America.

Records in Missouri's St. Louis County showed that Nichols had pleaded guilty to drunk driving charges at least three times between 1990 and 2010 and several other vehicular charges.

In 2000, he pleaded guilty to a drug-related charge and spent time in prison, according to criminal records.

Following his 2010 conviction for drunk driving, Nichols was sentenced to seven years in prison and released on parole in January 2012. REUTERS

The man piloting a hot air balloon that crashed in Texas in July, killing himself and 15 others, tested positive for opioids and also had a history of drug or alcohol related traffic offenses, federal investigative records show.

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# Why Aren't Doctors Telling About These Two Often

## *Two Advanced Medical Treatments Every Knee Arthritis Sufferer*

By **NY Pain MD**

**NY Pain MD is a medical clinic with locations in Midtown NYC and Uptown NYC that has treated thousands of knee arthritis and joint pain patients.**

**Here is what every knee arthritis sufferer should know about the best treatments and options available today. Including when and why you should consider each of these 2 treatment approaches to get maximum results.**

If you suffer with knee or other joint arthritis pain, you have probably already tried many treatments ... especially countless pain medications. Experienced doctors understand that, even though pain medications such as anti-inflammatory pain pills are part of the recommended early treatment plan for knee arthritis pain... they are rarely the answer over the longer term.

In most cases they have minimal results (if any) and have a laundry list of potential side effects. Some being serious and even life threatening.

### **Are There Any Better Options?**

Thankfully, advancements in science and technology come extremely fast. And now there are two very good options for knee arthritis to help relieve the pain.

*Two options that a lot of knee arthritis sufferers have never heard of.*

Before we get into the two treatments, please understand this...

**NY Pain MD** is a well established medical clinic that has treated thousands of knee arthritis sufferers and joint and back pain sufferers. Patients travel from all over the area and even several states away from NYC to be treated at one of their clinics because they want the best medical treatments available. What you are about to discover are two REAL medical treatments. Not miracle cures you see on infomercials or non-medical treatments promoted on the internet.

**Know this fact:** There is no cure for arthritis. But there are these two treatments that have already helped thousands of knee arthritis sufferers - possibly just like you.

The first treatment is more common than the second. Even if you have heard of this treatment - or even tried it without good results - please read this. You will find out why it may not have worked for you and how you may be able to get much better results.

### **#1**

#### **Viscosupplementation**

Viscosupplementation has gained quite a bit of popularity in recent years and it has gotten mixed results for a couple of reasons.

But before we get into that, here's what you need to know about viscosupplementation.

When you have arthritis, you suffer a decrease in the lubrication fluids in your knees.

In other words, your knee joints basically "dries up."

The lubricating fluid that decreases is called "synovial fluid." pharmaceutical companies (with the help of doctors) can now make **natural** synovial fluid gel-like compounds that, during viscosupplementation treatments. Doctors can precisely introduce directly into the knee and other joints.

This helps replace the lubricating fluid to the knee joint - allowing it to move more freely and smoothly and often decreasing or even eliminating the pain.

### **What Results Can Be Expected?**

Like all medical treatments, the results vary and can not be predicted. But many knee arthritis sufferers get dramatic results. It is not uncommon for patients to either postpone knee replacement surgery for years... or even permanently cancel it.

### **But There Is A BIG Problem**

The key is the treatment must be **EXTREMELY PRECISE**. If the procedure is slightly off, the medication will not get into the knee joint and the treatment will not work.

That's why the experts at **NY Pain MD** use Precision Arthritis Targeting Technology so they can actually see the lubricant going directly into the knee joint during the treatment.

Research shows that doctors performing joint injections without this technology can miss the joint as much as 30% of the time.

If you have tried viscosupplementation without this imaging technology without good results - this may be why.

That's why **NY Pain MD** takes it even one step further. They do not just use one step process of advanced imaging during treatment - they use two in their "double confirmation" process. This is to ensure patients get the best possible results.

### **Another Important Factor**

Viscosupplementation medications also come in several different "brands" and chemical make-ups. Just like all medications, some people respond better to one than another. So, the experts at **NY Pain MD** use several and great effort is taken to figure out what is the best one for YOU.

One last thing: The experts at **NY Pain MD** have found that earlier you start viscosupplementation the better.

This is most likely because the longer you wait - the more joint destruction takes place.

That's why **NY Pain MD** is now seeing so many patients as young as 35 to 40.

**Summary:** If you have knee arthritis pain and have not tried. Viscosupplementation you should look into it as soon as possible.

If you have tried it without good results. you may still be able to get great results with the proper imaging and specific medication.

### **What Should You Do If Viscosupplementation Fails?**

When conservative treatment, including viscosupplementation fails ... most knee arthritis sufferers believe their only option is total knee replacement surgery.

**This is not true...and here is why**

There is another treatment for serious knee arthritis pain most people (and even doctors) do not know about.

### **#2: Radiofrequency Treatment**

This treatment is technically called, "Radiofrequency Neurotomy." Or RF for short.

RF is a procedure that is based the theory that blocking the nerve supply to the painful area may alleviate pain and restore function.



# Knee Arthritis Sufferers Successful Treatments?

## *Needs To Know - Before Or After Knee Replacement Surgery*

Several branches of nerves that surround the knee are known as "genicular nerves."

Radiofrequency waves are delivered to the genicular nerves under advanced imaging to "block" the nerve from transmitting pain signals.

There are two distinct parts to this treatment. First, a test, diagnostic "G Block" procedure is done to determine if the procedure is going to decrease pain and improve function.

If this first "test" procedure is successful, then one to two weeks later, Radio Frequency waves are applied for term relief.

### Is It Safe?

Research has shown this to provided significant relief for some patients. to procedure to be safe and effective.

One study published November 4, 2010 in the journal *Pain* found that RF treated subjects on average "achieved at least 50% knee pain relief at 1,4 and 12 weeks, respectively. No patient reported a post procedure adverse event during the follow-up period.

Some studies indicate some patients may get years of relief in some cases. "RF neurotomy (radio frequency treatment) of genicular nerves leads to

significant pain reduction and functional improvement in a subset of elderly chronic knee osteoarthritis pain, and thus may be an effective treatment in such cases."

It should also be mentioned that, like all procedures, results will vary patient to patient

### Who Should Try This Treatment?

RF should be considered after other treatments, such as anti-inflammatory pain medication and viscosupplementation do not offer good enough results.

*RF can be utilized before resorting to total knee replacement. RF allows many patients to avoid knee replacement surgery.*

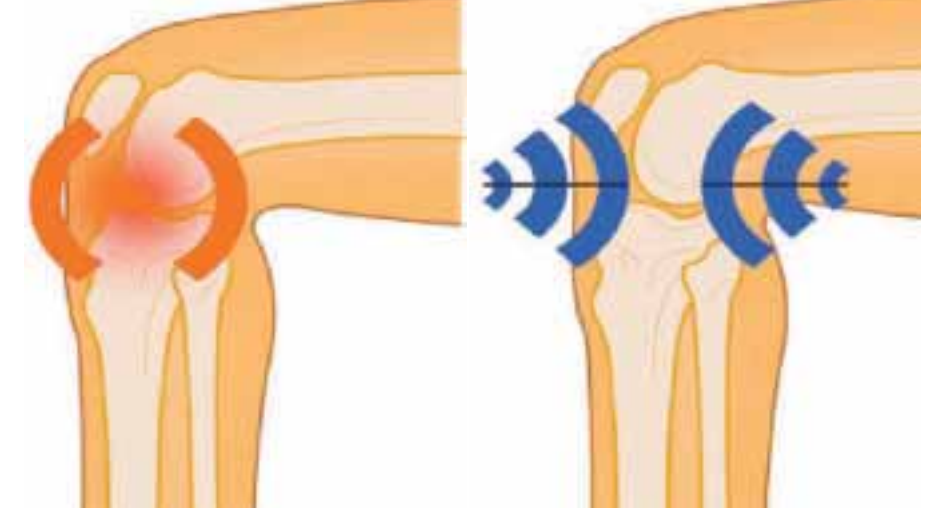
**RF has also been found effective AFTER knee replacement surgery when the patient still feels pain.**

*The pain after a failed knee replacement surgery can be debilitating and this procedure can be the only thing that helps and give you relief.*

### What To Do Next If You Are In Pain

Here is the "X" factor many do not consider that might be the difference between you getting the best possible treatment or not.

Many experts suggest choosing a medical clinic that offers all these treatments and has the proper, most advanced technology all under one roof.



**Science rescues knee arthritis sufferers?: Radio Frequency Waves are used to block the nerve supply to the painful area and may alleviate pain and restore function to many. Many patients still in pain after a knee replacement may respond very well to these treatments allowing the possibility of avoiding additional surgery.**

This way, the doctors working on your case can give you a proper examination and advise the best possible treatment plan for your individual case.

Several experts work as a team to offer you the best treatment options at the appropriate time to maximize results. It is also very convenient to have all your doctors and treatments in one place. Traveling to different offices can be time consuming and even more expensive.

**NY Pain MD** believes this "X" factor is one of the reasons so many knee arthritis sufferers travel from all over to be treated at their advanced medical clinics.

**NY Pain MD** offers a limited number of complimentary knee arthritis treatment screenings every month. These screenings are a way for knee arthritis sufferers to get some of their questions answered and see if they are a candidate for one of the cutting-edge treatments offered at **NY Pain MD**

If you would like a complimentary screening, just call 855-456-PAIN [7246] and tell the scheduling coordinator "I would like a complimentary knee arthritis screening." The screenings fill up fast every month. If you do not call in time to get one this month, the scheduling coordinators will get you appointed for next month

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# Painful Varicose Veins & Swollen Legs?



Varicose veins are more than a cosmetic problem. They are associated with **Deep Vein Thrombosis (DVT)** and **Pulmonary Embolism (PE)**, both of which claim up to **300,000 lives** a year in the United States.

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# More than 100 killed in church collapse in Nigeria

At least 100 people were killed by the collapse of a church in southeastern Nigeria, a resident and photojournalist who visited a morgue said on Sunday, but officials put the death toll at just 27.

"At Uyo teaching hospital where I am now I could see over a hundred corpses, many are heaped on top of each other on the floor," said photojournalist Ini Samuel. "Eye witnesses also said yesterday corpses were packed in four each bag."

Gary Ubong, a resident, said the church's roof had collapsed on worshippers while a pastor was being consecrated as bishop in the presence of government officials.

"I saw more than 100 dead bodies brought out on loaders," said Ubong, who said he had rushed to the scene. "I also went to two hospitals and saw heaps of dead bodies difficult to count."



Reigners Bible Church International in Uyo, Akwa Ibom, Nigeria. GETTY IMAGES

State police spokeswoman Cordelia Nwawe said 27 had been killed and 30 injured when the Reigners Bible church in Akwa Ibom state capital Uyo collapsed during a service on Saturday.

Etete Peters, Chief Medical Director of the University of Uyo teaching hospital, said 21 bodies had been delivered to his clinic and two of the injured admitted for treatment had died.

"Victims are in private hospitals and mortuaries scattered all over Uyo metropolis. We can't really tell how many people have died so far," he said. "We do not have space

as people are still being brought in."

State police commissioner Murtala Mani "debunked speculations that as many as 60 or 120 worshippers died in the incident," state news agency NAN said. The state emergency agency NEMA said in a statement that six people had been killed and 115 injured.

Another Uyo resident, Akpan Eminem, said he had been told by hospital staff that 79 people had died in the accident.

State governor Udom Emmanuel, who escaped unhurt from the church service, ordered the arrest of the building contractor, state news agency NAN said.

Buildings collapses are frequent in the West African nation and often blamed by officials on lack of construction permits and the use of cheap materials amid widespread corruption. REUTERS

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## Source: Rick Perry a leading candidate for energy post

Rick Perry, who proposed eliminating the U.S. Energy Department during his unsuccessful bid for the 2012 Republican presidential nomination, has emerged as a leading candidate to head the agency under President-elect Donald Trump, a transition official said on Sunday.

Democratic U.S. Sens. Heidi Heitkamp of North Dakota and Joe Manchin of West Virginia also are in the running for the job as Trump continues to fill key positions in his administration ahead of taking office on Jan. 20, according to the official, who spoke on condition of anonymity.

Perry served as governor of Texas, a leading oil-producing state, from 2000 when he succeeded President George W. Bush until 2015. In his two unsuccessful presidential runs, he touted his record of job creation in the second-most-popu-



Former Texas Gov. Rick Perry GETTY IMAGES

lous state.

Perry's proposal to scrap the Energy Department caused what has become known as his "oops" moment during a November 2011 debate when he could not remember the departments he wanted to eliminate.

"It's three agencies of government when I get there that are gone: commerce, education and the um, what's the third one there? Let's see," Perry said.

His debate adversaries

tried to prod his memory, but Perry ultimately gave up, saying, "I can't. The third one, I can't. Sorry. Oops." It was the Energy Department, which is responsible for U.S. energy policy and oversees the nation's nuclear weapons program.

Perry also ran for the 2016 presidential nomination against Trump but dropped out in September 2015 after gaining little traction. Perry initially was a fierce critic of Trump but later endorsed Trump and called him "the people's choice."

In July 2015, Perry said: "Let no one be mistaken: Donald Trump's candidacy is a cancer on conservatism, and it must be clearly diagnosed, excised and discarded."

If Perry gets the job, it would be further indication that the incoming Trump administration may be friendly toward the fossil fuel industry.

REUTERS

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# Trump says reports Russia helped him in election are 'ridiculous'

He blamed Democrats for news reports on the intelligence findings and said he did not believe they came from the Central Intelligence Agency.

President-elect Donald Trump rejected as "ridiculous" U.S. intelligence reports that Russia intervened in the presidential election on his behalf through targeted hacking, putting him at odds with top lawmakers who vowed to investigate the findings.

"I think it's ridiculous. I think it's just another excuse. I don't believe it," Trump said in an interview on "Fox News Sunday."

Trump's reluctance to blame Russia for interfering in the U.S. election has raised concerns among U.S. officials who fear he will go soft on Moscow at a time when they are worried about its increasingly aggressive behavior on cyber attacks and in Crimea, Ukraine and Syria.

A U.S. intelligence official, speaking on condition of anonymity, harshly criticized Trump's rejection of the assessment that Russian hacking was intended to boost the president-elect's prospects in the Nov. 8 election.

"It's concerning that intelligence on Russian actions related to the U.S. election is being dismissed out of hand as false or politically partisan," said the U.S. intelligence official.

"The inclination to ignore such intelligence and impugn the integrity of U.S. intelligence officials is contrary to all that is sacred to national security professionals who work day and night to protect this country."

The unusually harsh comment underscored the unprecedented tensions that Trump has created with the intelligence community he will command even before he's



been sworn into office.

Two leading U.S. Senate foreign policy voices from Trump's own party expressed alarm on Sunday about the possibility of Moscow tipping the scales in favor of an American presidential candidate and promised to begin investigating immediately.

The Obama White House, which has ordered intelligence agencies to review cyber attacks and foreign intervention in the 2016 election, has formally accused Russia of a campaign of cyber attacks against Democratic Party organizations ahead of the presidential election.

Russian officials, who have previously vehemently denied accusations of interference in the U.S. election, were quiet.

In his search for a secretary of state, Trump, a New York real estate magnate, is strongly considering Exxon Mobil Corp Chief Executive Rex Tillerson, who has close ties with Moscow and has spoken out against U.S. sanctions on Russia.

Republican Sen. John McCain expressed concern about Tillerson's close relationship with Russian leader Vladimir Putin. "That would color his approach to Vladimir Putin and the Russian threat," he said on Sunday on CBS' "Face the Nation."

A number of U.S. senators have expressed concerns about Tillerson, suggesting his nomination

*"I don't know what to make of it because it's clear the Russians interfered."*

McCain, on CBS

could run into trouble in the Senate.

Trump's pick as national security adviser, retired Army Lt. Gen. Michael Flynn, has also raised eyebrows in military circles through appearances on Russia's government-run broadcaster RT, particularly at a gala last year attended by Putin.

But Trump's choices to lead the CIA and the Pentagon, U.S. Rep. Mike Pompeo and retired Marine Gen. James Mattis, are more likely to take a harsher stance on Russia.

U.S. intelligence agencies have told Congress and President Barack Obama's administration that Russia has grown increasingly aggressive in Syria and Ukraine and has stepped up activities in cyberspace, including meddling, sometimes covertly, in European and U.S. elections.

A senior U.S. intelligence official told Reuters that intelligence agencies had concluded with "high confidence" that not only did their Russian counterparts direct the hacking of Democratic Party organizations and leaders,

but did so to undermine Democratic candidate Hillary Clinton.

Trump questioned whether the CIA was behind the reports that indicated Moscow wanted him in the White House. "I think the Democrats are putting it out," he said in the Fox News interview.

He said the intelligence community did not agree on Russian intervention. "They're fighting among themselves. They're not sure," he said.

McCain was at a loss on Sunday to explain Trump's repudiation of the Russian meddling.

"I don't know what to make of it because it's clear the Russians interfered," McCain said on CBS.

"Whether they intended to interfere to the degree that they were trying to elect a certain candidate, I think that's a subject of investigation, but the facts are stubborn things."

McCain and fellow Republican Sen. Lindsey Graham joined Democratic Sens. Chuck Schumer and Jack Reed on Sunday in expressing concern over possible Russian interference and said they would work together to investigate such cyber attacks.

"Recent reports of Russian interference in our election should alarm every American," they said in a statement. "This cannot become a partisan issue. The stakes are too high for our country."

McCain, chairman of the Armed Services Committee, said he would have a subcommittee led by Graham begin investigating the Russian hacking immediately.

Republican House of Representatives Speaker Paul Ryan cannot comment on classified briefings, "but he rejects any politicization of intelligence matters," spokeswoman AshLee Strong said in an email.

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# Italy hurries to form a new government, banking crisis looms

Elections could be called as soon as parliament finishes rewriting the electoral law.

Italian President Sergio Mattarella asked Foreign Minister Paolo Gentiloni on Sunday to try to form a new government, giving him a mandate to lead Italy out of a politi-

cal crisis caused by the resignation of Matteo Renzi.

Gentiloni, a former journalist and Renzi loyalist, is set to be Italy's fifth prime minister in

as many years and the fourth in a row to take office without winning a national election.

The soft-spoken 62-year-old immediately began consultations to



President of Italy Sergio Mattarella delivers a speech during a press conference after his several meeting with political parties in Rome, this past Saturday. GETTY IMAGES

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form a government that will have to write a new electoral law and manage Italy's fragile banks.

Chief among his duties will be dealing quickly with Monte dei Paschi di Siena, the country's third-largest lender, which may need state intervention to avoid collapse.

"I am aware of the urgent need to give Italy a government with full powers, to reassure our fellow citizens, to confront our international, economic and social priorities," he said.

Italy's social and political divisions were laid bare in campaigning for a Dec. 4 referendum on constitutional reform that was roundly rejected, prompting Renzi to resign.

All major parties have called for elections as soon as possible, but replacing the current electoral law, which applies only to the lower house and could be declared invalid in January by the Constitutional Court, is also likely to dictate the timetable.

Gentiloni said he would "facilitate, if possible, the parliamentary forces' task of quickly defining new electoral rules".

"There are just two windows of opportunity for elections, either it's a snap election in Q2 2017 or it's the natural end of the legislature in 2018," said Francesco Galletti of risk consultancy Policy Sonar.

He said several factors could influence the election date, including dealing with the banking crisis, the summit of the G7 nations scheduled in

Sicily in May, and the need to name chiefs for a raft of state-owned companies as tenures run out.

Commentators said Gentiloni could present his list of proposed cabinet members to the head of state as early as Monday, even waiting until after European markets opened.

"The important thing is that the markets already know that with Gentiloni there will be no radical change," said Maurizio Caprara, commentator for Italy's Corriere della Sera newspaper.

Gentiloni said his government would move "within the same framework" as the outgoing government but Renzi's Democratic Party (PD) is itself severely divided between backers of the former prime minister, such as Gentiloni, and opponents.

Once his cabinet is sworn in by the president, the government will then face votes of confidence in both houses of parliament. The ruling coalition, headed by the PD, has a majority in both so Gentiloni could win the votes in time to attend a European Union meeting on Thursday as prime minister. REUTERS

*"The important thing is that the markets already know that with Gentiloni there will be no radical change."*

Caprara



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## Drake gives DJ Khaled some major keys

Less than two months ago, DJ Khaled became a dad. You may have seen it all go down on his Snapchat. The 41-year-old hitmaker captured most of his girlfriend's labor and delivery on the social media platform because, well ... that's just how DJ Khaled is. And the proud papa isn't the only one who thinks new life is a reason to do it big.

His friend and collaborator, Drake, sent Khaled and baby Asahd a gift that they certainly won't be returning. The "Hotline Bling" rapper had a set of matching diamond keys engraved with Khaled and Asahd's



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names.

Khaled is known for being a little sappy. So it goes without saying that he was deeply touched by Drake's sentimental gift. He poured out his thanks in an Instagram video on Friday.

# the word

SESALI BOWEN  
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## Kylie Jenner dresses up as Christina Aguilera again for singer's birthday party

Kylie Jenner won Halloween this year when she dressed up as Christina Aguilera from her iconic "Dirrty" music video. Jenner donned red and black chaps and a platinum blonde wig with dark streaks to complete the look. Aguilera appreciated the nod and even gave Jenner a shoutout on Instagram. But the singer was apparently so impressed that she wanted to see the setup in person.

At Aguilera's request,

the 19-year-old lip queen was in attendance for an early celebration of the singer's 36th birthday on Saturday. She once again dressed as the pop icon, this time in yellow. The duo snapped several pictures together and even shared a racy kiss.



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## Kanye West goes blond after release from the hospital

It's been 13 days since Kanye West was released from UCLA Medical Center where he was being treated for dehydration, sleep deprivation and exhaustion.

Unlike his wife, Kim Kardashian, who is still maintaining a low profile after her robbery, Kanye has been pretty active and even out in public following his hospitalization. Here's a rundown of what he's been up to:  
— Making music.



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Sources have told TMZ that now that Kanye is stabilized on medication, he's feeling more creative than ever and is laying tracks in his Bel-Air mansion.  
— Dyeing his hair. In his first public appearance since being released, Kanye attended an art installation at the Pacific Design Center on Friday sporting a new blond look. They have more fun, after all.

— Home renovations. TMZ says that with the extra time on his hands, Kanye has been more involved in the updates to the couple's Hidden Hills mansion.  
— Riding his bike. E! News reports that Kanye was spotted riding his bike with some friends. He even wore a helmet.

It looks like Yeezy is already bouncing back "Stronger" than ever.

## Janice Dickinson ties the knot

Veteran supermodel Janice Dickinson tied the knot on Saturday with her fiancé of four years, psychiatrist Robert Gerner. Entertainment Tonight reports that the couple wed in a small ceremony at the Beverly Hills home of one of Dickinson's friends. Dickinson, who was recently diagnosed with breast cancer, made headlines last year when she came forward with allegations that Bill Cosby drugged and



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sexually assaulted her in 1982.

But none of that could put a damper on her big day. She told ET on Saturday that she was "so delighted, ecstatic, over the moon, out of body, a runaway bride." The nuptials were captured by ET's cameras. Dickinson has already been married three times and, at 61, she's proving that it's never too late to find love. The fact that her hubby is a shrink can't hurt either.



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# T.J. Miller: You can still party after 30

The actor and comic says "Office Christmas Party" is perfect for the holidays this year.



MATT PRIGGE  
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T.J. Miller has an idea: You should go see "Office Christmas Party." Obviously he does; he's in it. But the "Silicon Valley" star has another reason to get butts in seats: It's a comedy. And right now, with all that's going on, we need distractions. In the movie, Miller plays the boss of a struggling branch of an internet server company. Things are so gloomy that the annual holiday shindig gets well out of hand, with assistance from Jason Bateman, Kate McKinnon and a hard-partying Courtney B. Vance.

I've noticed a lot of people saying they're really in the mood for comedies



Kate McKinnon and T.J. Miller are two of the revelers raging hard in "Office Christmas Party," now in theaters. PARAMOUNT PICTURES

now. They want to take their mind off what's going in the world.

One of the things we can do right now is take the holidays off and settle into what this is. And what this is is a time to laugh. It's a time to laugh and go together to see a comedy. And this is a laugh-a-minute — well, laugh-a-minute-and-a-half comedy. You don't want people to be exhausted.

That also means you don't have to talk to your family for an hour-and-a-half. Then you talk about how funny it was for an hour, an hour-and-a-half afterwards. So that's two-and-a-half to three hours of stress-free time. That's what we're offering.

As you get older, starting with turning 30, it's hard to party like you used to. You're wrong. You can ask

my wife. You can do it. You just gotta pick and choose your battles. But you can f---in' party. You can get down. The older you get, the better you are at partying.

It's like when people say, "Oh, I get so paranoid when I smoke weed, so I don't smoke anymore." I say, "You just haven't practiced." You gotta practice. We all practiced drinking. We all had a case of beer and said, "This is disgusting." We all threw up so many times. But we kept at it, right? That's what people got to do with marijuana: Keep practicing and you'll get better at it. Learn your balance.

Maybe getting high rather than drinking might be the secret.

Yeah, I think so. Alcohol tends to be a little harder on the body as you get older. Marijuana is big now, especially with vaporizing, and it becoming legal in so many places — well, the places that need money and are going to use it correctly. I think marijuana becomes the jam the older you get. And I think nitrous oxide in moderation at the dentist can really help as well. I feel strongly that as you age, so does the wisdom of your party skill set.

Even people who aren't classic potheads are into marijuana now.

Yeah, people aren't potheads anymore. Now there's just marijuana users. But you don't have to wear a tie-dye T-shirt, wear dreadlocks and listen to Bob Marley to smoke weed anymore. Now you can be someone who smokes at the start of the day instead of drinking coffee, and get s--- done.



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# Holiday PSA: Wear your Christmas tree skirt

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Your tree won't miss it, we promise.

KATE MOONEY  
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If you're stressing over what to wear to your next holiday party, the winning outfit might be right under your ... Christmas tree.

You may not have noticed — because who pays any attention to the base of a tree that's obscured by pine needles and presents? — but a tree skirt, that bunched up pile of fabric, is an actual skirt that you can wear around your waist.

This holiday season, folks are getting hip to the



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festive, stylin' potential of the traditional Yuletide adornment, yanking the skirts out from under the tree and wrapping them around themselves

instead. (Really *embodying* the holiday spirit.) And they're getting creative: Beyond skirts, they're wearing them as ponchos, and even tying them over



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their dogs' shoulders as mini-capes.

We're in favor of this repurposing, because what real function does a Christmas tree skirt serve under the tree, anyway? Brief history: Legend has it that once upon a time in Germany, folks used to decorate their Christmas trees with actual candles (no idea how anyone survived that), and so a tree skirt was put in place to collect the dripping wax and aid in

cleanup.

Nowadays, they're for the sake of decoration and to conceal the unsightly — gasp! — tree stand from view. But, our thinking is, if the fabric is nice enough to embellish the base of your Christmas tree, why disguise it underneath a dying pine, where it runs the risk of being spoiled by dirty tree water, or worse, pissed on by the family pet? Why not do your grandma, or your aunt or your mama proud

and honor the family holiday heirloom by wearing it out in the world so others might marvel at her deft needlepoint and design?

Also: When it comes to putting together a holiday lewk — who has the time? We say, f—k tradition; you need that skirt much more than your tree does.

Take a look at a few of the creative ways people — and even a few canines — are rockin' the tree skirt this season.



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When daylight-saving time ends, many of us find it's dark when we leave for work, and dark when we set off for home. The temperature drops, the sun seems to go into hibernation, and we want to follow suit.

For some people, the change of season brings more than a craving for the couch and mac and cheese. People who regularly experience lethargy, thoughts of death or dying, loss of interest in things they normally enjoy at this time every year may have seasonal affective disorder, a subtype of major depression.



We discussed SAD with Dr. Lisa Cohen, clinical psychologist at Mount Sinai.

### What causes SAD?

It does seem to be about light. The treatment often involves light therapy. There may be some connection with serotonin, which may also be related to how we process light in the brain. Melatonin may be involved, which also seems to be related to how we process light.

### What does light therapy involve?

There's such a thing as a lightbox — a bright, white light. You put it

about 1 1/2 to 3 feet away from you and sit with it for 30 to 60 minutes once a day, generally in the morning.

### Advice for someone feeling down this time of year?

If someone is feeling blue and they don't meet full criteria for major depressive disorder, the first thing I would do is get outside. Another thing that's very helpful is exercise; exercise is almost a magic pill. It treats depression, it protects against dementia, it treats anxiety and it's tremendously good for you at every kind of physical level. SHEILA DOUGHERTY



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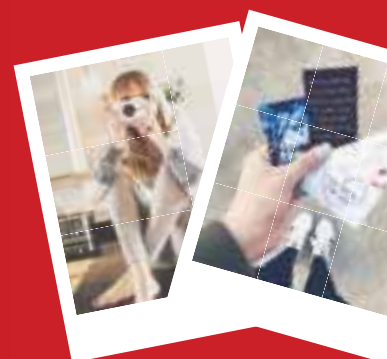
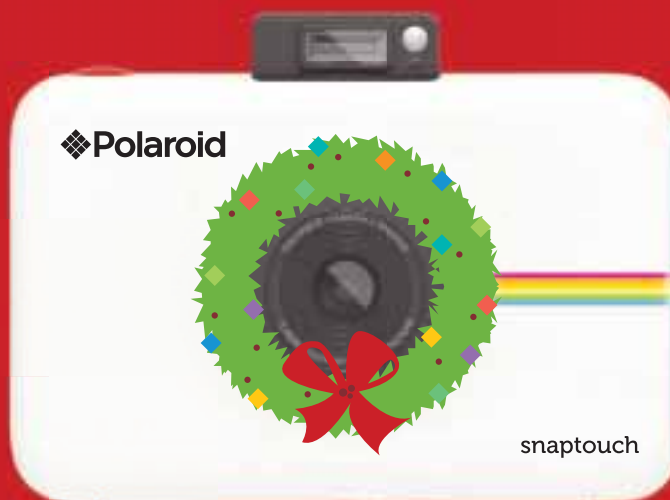
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There's a reason Janine Robinson named her site devoted to guiding students through the college essay application process Essay Hell.

"It's the most dreaded piece of writing people do in their lifetimes," says Robinson, a former journalist and English teacher who now coaches students. "There's so much riding on it, but no one has taught students how to write this kind of essay."

We asked Robinson for her advice on creating an essay that shines.

### Get a little personal

It may surprise people, but Robinson says the best students often write the worst college essays. "Students might not understand that these essays are supposed to be personal, and not



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the formal essays they are used to," Robinson explains. "You should ditch that five-paragraph formula and avoid using words like 'nevertheless' and 'furthermore.'"

Instead, students should think of how they want to introduce themselves to admissions officers. "The voice should be familiar," Robinson says.

### Tell a good story

Many students Robinson works with worry that their lives aren't interesting enough to write about. "They think they need to impress the reader by having a topic that's about something like how they climbed Mount Whitney," she says. "But the best essays I've read have been about mundane topics. Students really do have a lot to talk about."

For example, have you been babysitting

since you were in middle school? Are you a huge music fan? Those are perfectly good topics to write about in your essay. "I tell students to just think about what they do on a Saturday," Robinson explains.

### Show some personality

A common mistake students make is writing essays that are too general and devoid of

any personality. "Being boring is like death to an effective college essay," says Robinson. "Pick one quality or descriptor that you want to highlight in your essay. Then your essay will have a sharp focus because you are showcasing that quality."

### Highlight a conflict

We don't mean you have to write about a family tragedy or a catastrophic

event in your life. "One trick is to find something that has happened to you and think about how it included a problem you had to solve," says Robinson. The problem could be as simple as you overcoming a personal phobia, like a fear of heights, or getting a driver's license after lots of practice. "I had one student who wrote about how he dealt with his excessive body hair," she recalls. "It was a killer essay."

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Maven Jo Malone says her weekly advice column is an opportunity to "give back" to the community. **ALL IMAGES PROVIDED**

With her new empire, Jo Malone pays it forward.



**RACHEL RACZKA**  
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Jo Malone is like a phoenix reborn. Following time away from being a decades-long fixture of the fragrance industry, the scent savant has now launched Jo Loves, a new line of luxury candles and body products.

Malone also pens a weekly Monday column (aptly named Ask Jo Malone) for the U.K.'s Evening Standard, where she and her experts and colleagues hand out business advice to budding (and experienced) entrepreneurs. Naturally, when we got Malone to chat for a few minutes, we couldn't help but ask her for some advice of our own.

**At what point does a hobby go from being a project to a career?**

I think there's nothing wrong with a hobby. I built a business from a kitchen sink with four plastic jugs and turned it into a global brand. The minute it becomes your main source of income with expenses and overhead, you need to start thinking of it as something other than a hobby. As a hobby, it can be Monday, Wednesday and Friday — but a business is all the time.

**What do you think is the value of having a brand that uses your own name and identity? Are there any drawbacks?**

It's an asset and a liability at the same time. I think there are huge aspects of your personality are involved [when a brand is named after you], and for a brand, it's important to have that

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**Going this cluttered fragrance industry, how did you want to set yourself apart with Jo Loves?**

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**What's your creative process usually like?**

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# Things we saw as Jets prevailed out west vs. Niners in overtime

New York earned an epic West Coast win Sunday afternoon.

TONY WILLIAMS  
@TBone8  
sports@metro.us

The Jets brought some heart to San Francisco and came out with a 23-17 overtime win, as Bryce Petty earned his first career win.

While one streak ended (New York's four-game skid), another was extended (San Francisco's 12-game slide), as it appeared early on that it wouldn't have been the case. The Niners (1-12) had the look of a team that was going to end its 11-game losing streak, as it only took a handful of plays to impose their will. New York started Petty for the second time in his career, and it initially looked like head coach Todd Bowles made the wrong choice.

Petty reversed his fortunes after a slow start as the game extended and was vital in erasing a 17-3 halftime deficit. His practice squad connections with Robbie Anderson paid off, as it was the rookie wideout who hauled in a gutsy 25-yard reception down to the Niners' 26-yard line on New York's



Finally for Bryce Petty — and for Jets fans — New York is back in the win column. GETTY IMAGES

only drive in overtime. The surprise deep ball set up Bilal Powell's 19-yard game-winning, walk-off run to complete the comeback. Powell, who tallied 145 yards on 29 carries and two scores, was a sensational replacement for starting running back Matt Forte, who missed the second half with a knee injury.

The fourth quarter and overtime was Petty time, though, as his cool play might've really won over his teammates, as he was

responsible for an eight-play, 33-yard drive that spanned nearly two minutes and was capped by Nick Folk's 50-yard field goal with 38 seconds remaining to push the game into overtime.

Petty's clutch performance and grit showed he just may be ready to be the man, next season.

## 1 Gang Green was somewhat back

Sure, it was against the lowly one-win 49ers, but

they have professional athletes, too. And the fact that Gang Green stifled San Francisco in the second half and allowed just two first downs in the second half was impressive. The Niners gashed the Jets in the first half, but were stymied thereafter. The key was the adjustment they made to its run defense, as they cornered and corralled running back Carlos Hyde in the final two quarters and overtime. Hyde, who at one point had a 20-yards-per-

carry average in the first half, could only muster 50 yards on the ground in the remaining time. Kaepernick (8-of-18 for 38 yards in the remaining three quarters and overtime) was also slowed down and wasn't the same player after a torrid 7-of-7 start.

## 2 Run and Hyde

The Jets initially had trouble containing Hyde, as he notched a game-high 193 rushing yards and a

touchdown. Hyde scored his only touchdown on an eight-yard grab on the Niners' first play from scrimmage following Petty's early interception. Although he started hot, tallying 141 rushing yards on just seven carries in the first half, he wasn't as big a factor in the second half and overtime, including being stopped on a crucial fourth-and-1 at the Jets' 37-yard line in overtime.

## 3 True Grit

Petty got his second career start and at times looked like someone with little experience. But once he got into a groove, the second-year signal caller acquitted himself far better than his first career start. The fact he led the game-tying drive at the end of regulation and the game-winning drive in overtime showed the youngster's moxie and grit. Including his first-career start against the Los Angeles Rams in Week 10 — a 9-6 loss — New York has looked inconsistent at times with Petty as the starter, but it's apparent that even with his growing pains, he's definitely the right choice going forward, as Todd Bowles and company need to see what the youngster can do in actual games.

## NFL Week 14 roundup: Lions move into first, Titans upset Broncos

So far, NFL Week 14 has boasted some very interesting results. Here's a look at the early action:

### Miami 26, Arizona 23

Kenny Stills caught a heave from backup Matt Moore with 37 seconds left and dove to the Cardinals' (5-7-1) 1-yard line to set up a 21-yard Andrew Franks field goal to win the game. Moore entered the game after Ryan Tannehill suffered a knee injury. David Johnson set an NFL record by beginning the season with 13 straight 100-plus yard games.

**Minnesota 25, Jacksonville 16**  
The Vikings (7-6) and Jaguars (2-11) kicked

seven straight field goals to begin this game before touchdowns finally broke out in the second half. The Vikings offense and Sam Bradford had their best game in months and it led to the second win in their last eight games.

### Tennessee 13, Denver 10

The Titans (7-6) meanwhile, saw both the Houston-Indianapolis result and this game go in their favor. DeMarco Murray had 92 rushing yards and a touchdown, while new signing Justin Forsett was the Broncos' leading rusher with just six carries for 17 yards.

**Pittsburgh 27, Buffalo 20**  
The Steelers (8-5) won their fourth in a row



Are the run-happy Titans a threat in the AFC? GETTY IMAGES

under snowy conditions in Buffalo. Le'Veon Bell frolicked to 236 rushing yards, 62 receiving yards and three touchdowns in Mike Tomlin's 100th career victory.

**Carolina 28, San Diego 16**  
The Panthers (5-8) built

a 26-7 lead, but it suddenly looked in jeopardy when, after it had been narrowed to 26-16, rookie Trovon Reed intercepted Cam Newton at the goal line, got up and returned in all the way for a Chargers (5-8) touchdown, before being

ruled down by contact on the initial pick. On the following drive, Philip Rivers was sacked in the end zone and what looked like a turning point was gone.

### Cincinnati 23, Cleveland 10

Robert Griffin III took the field for the first time since Week 1, but nothing else changed in Cleveland. The Browns (0-13) averaged 7.7 yards per rush and 2.7 yards per pass, and appropriately called 31 passes and 21 rushes.

### Detroit 20, Chicago 17

Matthew Stafford threw a pick-six to Cre'von LeBlanc to see the Bears (3-10) take a 17-13 lead

in the fourth quarter, but made up for it with a rambling 7-yard touchdown scramble with 3:20 remaining. Chicago's ensuing drive ended on fourth down when Josh Bellamy couldn't pull in Matt Barkley's (20 of 32, 212 yards, TD) pass. The Lions (9-4) have won eight of their last nine games.

### Houston 22, Indianapolis 17

The Texans (7-6) gave themselves a big advantage in the final weeks of the season, and came close to ensuring that the AFC South will come down to their season finale against the Titans, whom they have already beaten once this season.

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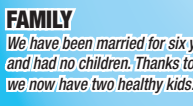
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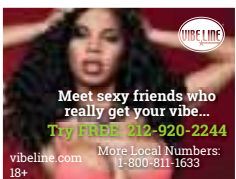
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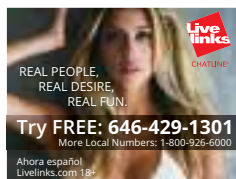
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